



ICAN! Program

Independence
Confidence
Achievement
Networking

An opportunity for individuals with disabilities and their families to enjoy fun and inclusive activities with volunteers from the community!

At

450 Fort William Road
Monty Parks Centre

From 7:00 to 9:00 PM

Cost is \$3 per visit or
\$10 per month.

To register or for more information
please contact our office at

577-0034

or

email dana@tbfnc.ca

The minimum age to participate is
14 years of age.

If you, or someone you know, has a
special talent to share with our ICAN!
Group, we would love to hear from
you.

Consider volunteering!
Enrich the lives of others!

Thunder Bay Family Network Website
www.tbfnc.ca

Please remember that the ICAN!
opportunity starts at **7:00 PM** unless
otherwise listed.

Sometimes it is not possible to have
the doors open until 6:45 pm. For
safety and security reasons try not to
arrive too early. We don't want
anyone to have to wait outside.

Thank you!

ICAN! CALENDAR

September 2017

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					1	2
3	4	5	6 BINGO!	7	8	9
10	11	12	13 Skip Bo Tournament	14	15	16
17	18	19	20 Fall Caramel Apples	21	22	23
24	25	26	27 Bowling at Galaxy Lanes	28	29	30

Special Notes:

Please meet at Galaxy Lanes between 6:30 and 6:45 pm in order to size everyone for shoes and be ready to bowl by 7pm!
Please bring cash if you would like to buy drinks or snacks.